



We would like you to be aware of the care management program at SOHO Health as part of your health plan. This is a voluntary, confidential and **free** service. Our team of care coordinators work closely with your primary care provider to help coordinate health services

These are some of the things your Care Coordinator can assist with:

- Managing the challenges of your health
- Locating community resources such as medical transportation, meals, homecare, exercise programs or other healthcare needs
- Problem solving ways to make health lifestyle changes
- Information about preventative health screenings (mammogram, colonoscopy, etc.)
- Finding a primary care provider or specialist

Please know you may contact our team at any time to receive care management program services or to learn more about them at **866-534-4638**. If your call goes to our confidential voicemail, please leave a telephone number where you can be reached and the best times to reach you.

Sincerely,

The Care Management Team at SOHO Health