

# Questions to Ask My Healthcare Provider About My Medicines

**Make sure you understand your medicines. Don't be afraid to ask questions.**

- What is the name of the medicine?
- How will the medicine help me?
- How and when do I take the medicine?
- How long do I take the medicine?
- What foods, drinks, other medicines, or activities should I avoid while I take this medicine?
- Will it cause problems with the other medicines, dietary supplements, or herbal supplements I take (including over-the-counter medicines)?
- What are the possible side effects?
- What should I do if side effects occur?
- When should the medicine start to work?
- What do I do if I miss a dose?
- How should I store the medicine? Does it need to be kept in the refrigerator? Can I take it out of the original package?
- How do I refill my prescription? How often should I refill it?
- Can I split or crush my medicine? Is it OK to chew it?
- How do I dispose of my unused or expired medicines?



**What do you need to know to take your medicines as prescribed?**

**Ask your healthcare provider for help.**