

The Mini-Cog Test

The test is administered as follows:

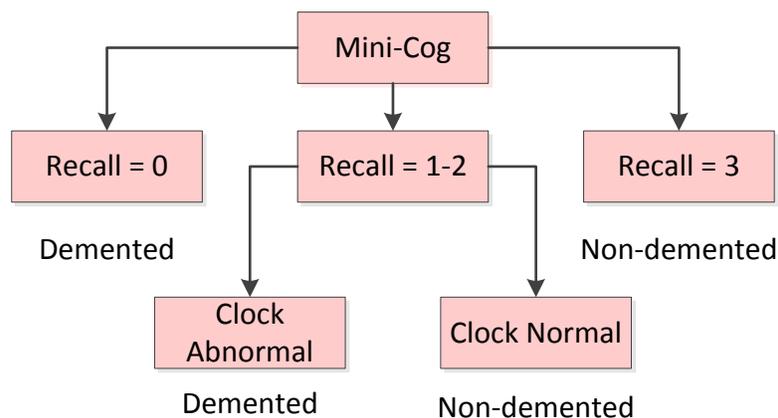
1. Instruct the patient to listen carefully to and remember three unrelated words and then to repeat the words.
2. Instruct the patient to draw the face of a clock on the sheet with the clock circle. After the patient puts the numbers on the clock face, ask him or her to draw the hands of the clock to read ten minutes after eleven (11:10).
3. Ask the patient to repeat the three previously stated words.

Scoring Process:

- Give 1 point for each recalled word after the Clock Drawing Test (CDT) distractor.
- Patients recalling none of the three words are classified as demented (Score = 0).
- Patients recalling all three words are classified as non-demented (Score = 3)
- Patients with intermediate word recall of 1-2 words are classified based on the CDT (Abnormal = demented; Normal = non-demented)

Note: The CDT is considered normal if all numbers are present in the correct sequence and position, and the hands readably display.

Figure 1: The Mini-Cog scoring algorithm. The Mini-Cog uses a three-item recall test for memory and the intuitive clock-drawing test. The latter serves as an “informative distractor,” helping to clarify scores when the memory recall score is intermediate.



References

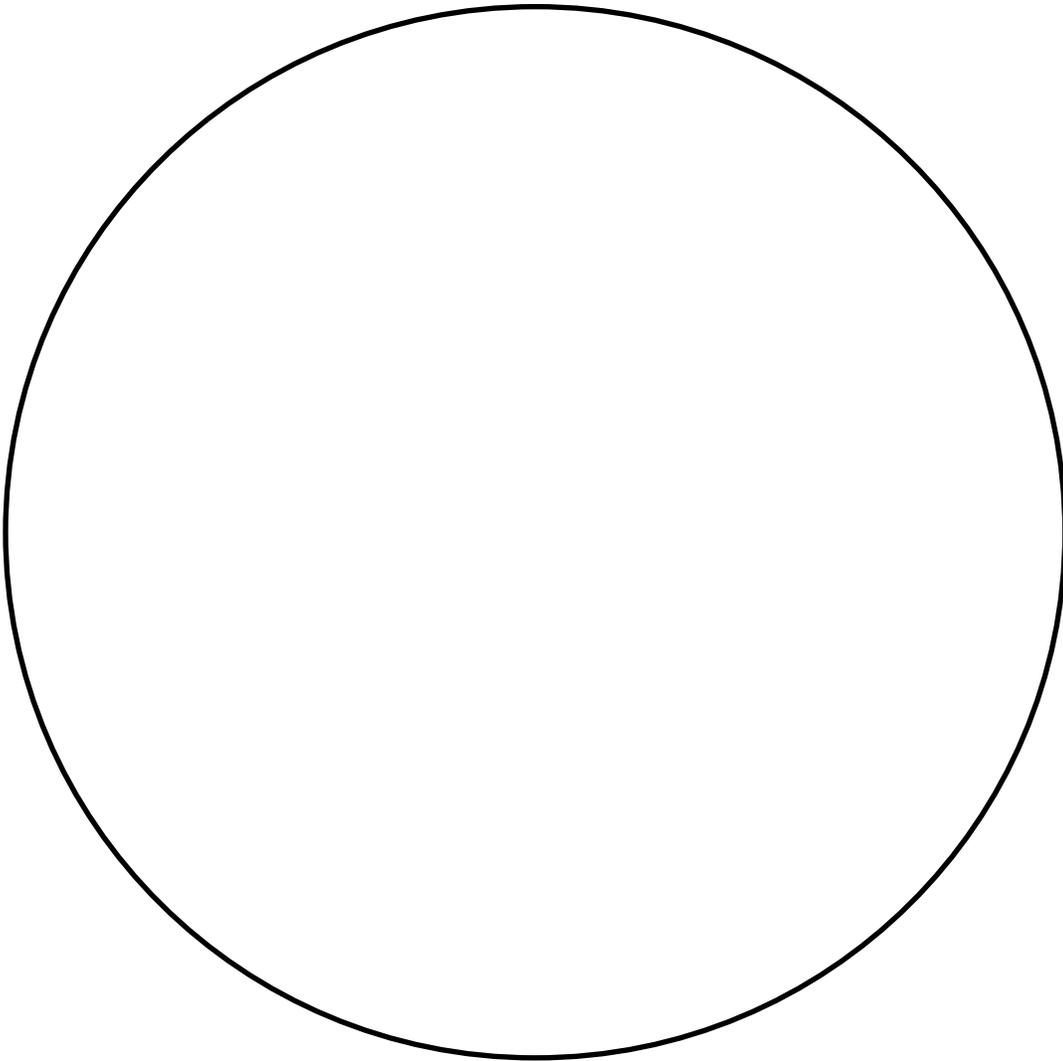
Borson S. The mini-cog: a cognitive “vitals signs” measure for dementia screening in multi-lingual elderly. *Int J Geriatr Psychiatry* 2000; 15(11):1021.

Patient Name: _____ **Date:** ___/___/___

Patient DOB: ___/___/___

Instructions:

Inside the circle, please draw the hours of a clock as they normally appear.
Place the hands of the clock to represent the time: "ten minutes after eleven o'clock."



Patient Name: _____ **Date:** ___ ___ / ___ ___ / ___ ___

Patient DOB: ___ ___ / ___ ___ / ___ ___

The Mini-Cog Test

The test is administered as follows:

1. Instruct the patient to listen carefully and repeat the following:

APPLE	WATCH	PENNY	(English)
MANZANA	RELOJ	PESETA	(Spanish)

2. Administer the Clock Drawing Test

3. Ask the patient to repeat the 3 previously stated words:

Scoring Process:

Number of correct items recalled _____ [if 3 then negative screen. STOP]

Is CDT Abnormal? No Yes

- If No, then negative screen
- If No, then negative screen
- If Yes, then screen positive for cognitive impairment

Results (please circle):

Negative

Positive

Comments: _____

References

Borson S. The mini-cog: a cognitive “vitals signs” measure for dementia screening in multi-lingual elderly. Int J Geriatr Psychiatry 2000; 15(11):1021.